

BECOMING A CHANGE AGENT ANTI-OPPRESSION WORKSHOP

Menu of topics

*recommended as a starting point

- Identify key terms – i.e. oppression, inclusivity *
- Stereotypes vs. prejudice vs. discrimination *
- Spaces we occupy, power relations and privilege *
- Intersecting oppressions *
- Equality vs. Equity *
- Social analysis at home, the workplace and your community
- Newcomers to Canada – Where are you *really* from?
- English as a second language
- Intercultural communication
- Race, Racism & Whiteness
- LGTBTTQQI+ and Positive Spaces
- Distribution of Wealth, Homelessness
- Differently abled peoples
- Mental health
- Generational differences in the workplace

The following are used to engage participants as well as root the material in a relevant context;

- Independent and group activities
- Images, short videos
- Case study activities
- Take-home tools
- Your policies to frame the material in a comprehensive context
- Worksheets

After the workshop we offer;

- Recommended readings
- Recommended resources
- Ongoing support

If a topic you would like included is not listed above please share. We are more than willing to customize the workshop(s) to meet your needs. We will work with you to ensure our program addresses your goals and mandate.

Please contact Meg Ramore for more details at megramore@nbdmc.ca or 705-495-8931.